



[Principal's Message](#)

[Deputy's Desk](#)

[Welfare](#)

[Student Council](#)

[Senior Schooling](#)

[Aviation High School Community Ball](#)

[Fresh Events](#)

[Office News](#)

[Diary Dates](#)

AVIATORS' GAZETTE

13 June 2014

Principal's Message

Open Day June 21

I hope parents and carers are aware that next Saturday 21 June will be the school open day. The format has been changed from previous years to show to current and potential parents what we do in the classroom. This certainly is a shift from what happens currently in schools on open days which is mostly centred on events. Everyone will see that great facilities and the wonderful Aviation programs but they will also see a little bit of how we get to those programs through hard work in the classroom. For this school for the first time parents and carers can see what we are trying to achieve around teaching and learning in the classroom. Many of you will have received letters asking permission for your child to attend the open day and be a part of 'classrooms in action'. If you have time next Saturday come along and see the classes in progress and our wonderful facilities and programs from UAV, Rocketry and Music to name but a few.

Year 11/12 Exam Block

LESS STUDYING MORE LEARNING

It's a remarkable feature of our educational system that we give students so much stuff to learn and rarely tell them how to go about learning that stuff. Learners tend to think 'how do I get all this stuff

into my head?' and they don't spend much time considering how they will get all of that stuff *back out of their heads* when the time comes to retrieve it. If you use effective strategies, you can spend less time studying and learn more; you stop wasting time in studying and get more out of it.

Researchers have found that students are unlikely to test themselves while studying even though research shows it is the most effective study strategy. Five to seven retrieval sessions (tests and quizzes), seem to lead to the best long-term memory of a concept and help students identify gaps in their knowledge.

In another study students who used quizzes to study correctly answered about 65% of the questions taken directly from the text and 70% of questions requiring an inference from the student. Part of the reason students don't prefer this method of studying is that students tend to study only for the next test, not to understand the material.

So I say to all our senior students on exam block and assignment work don't leave anything to chance and take note of the article below:

SECRETS OF HIGHLY PRODUCTIVE PEOPLE

Recent thinking on how some people get things done despite distractions and self-doubt remind us of useful ways to improve our own effectiveness.

Passion and resilience – If you don't believe in yourself, it's easy to think you're hopeless and stop trying.

Self-regulation – This means focusing on key goals and having the discipline to avoid temptations. Too many people get totally caught up in trivia and later they complain they were asked to do too much and ran out of time. You have to decide what your priorities are and say, 'I'm going to make it happen' – and then make it happen. Defining specific tasks is much more helpful than setting general goals. For example, you want to get home to your children but you tell yourself you won't leave the office until you've finished a particular piece of work.

Focus – We know from all kinds of psychological research that multi-tasking doesn't work for anyone. The most successful people take care of little things on their desks quickly and efficiently and they also block out hours of time to work without e-mailing or Facebooking. It's hard to have a sustained, meditative reflection on anything when you can always change the channel or click on another link or download another app.

Grit – Grit is dogged determination and focus. The gritty person approaches achievement as a marathon. The gritty person sticks with it, whereas others might be distracted by boredom, failure, adversity, or having reached a plateau.

Conscientiousness – This means being organised and responsible, willing to follow rules and fulfil obligations. But being too conscientious can undermine another important trait...

Creativity – Whether you're an engineer or an artist or an English teacher, your job is to create new knowledge. If you look at the profile of someone who's realised creative success, they can't be conventional. If you're really cutting-edge, you're going to be bucking the system, and people are going to fight you. That's where your grit and focus will keep you on track.

Acknowledgement: "Traits of the 'Get It Done' Personality: Laser Focus, Resilience, and True Grit" by Katherine Mangan in *The Chronicle of Higher Education*,

Aviation High Business Week

The last week of Term 2 (commencing Mon 23rd June 2014) all Year 11 students will be involved in Aviation High Business Week. A number of our industry partners have agreed to be mentors for our students during this popular event.

During the same week, Year 12 students will be completing Qld Core Skills Test practice, while Year 8, 9 and 10 students will commence new work for Term 3.

Cleaners

Finally today we celebrate World Cleaners Day. I would like to thank all our cleaners and support staff for the wonderful job they do in keeping our environment clean and appealing and conducive to teaching and learning both within and external to the classroom. We all hope that you have a wonderful day. Thank you for your contributions.

I hope you enjoy this edition of the Aviators' Gazette!

Your Partner in Education

David Munn - Principal



Open Day Program 21st June 2014

9:30am Gates Open

Proceed to the Quadrangle Courtyard where you will find:

- The Administration Welcome Tent
- Static Displays showcasing students work and activities
- Laser Cutter demonstration
- Aviation High School Band Performances
- Food and Beverages
- Visiting Trade Displays

10:00am Principal's Welcome

10:15am First School Tour

- Class rooms
- Unique facilities
- Hangar
- Grounds
- Class lessons
- Enrolment Interviews and Enrolment Interview bookings—Library

11:00am Second School Tour

- Class rooms
- Unique facilities
- Hangar
- Grounds
- Class lessons
- Enrolment Interviews and Enrolment Interview bookings—Library

11:45am Science Display—Come and see experiments in action—Oval

12:15pm Rocketry—Oval

12:30pm UAV—Oval

1:00pm Principal's Address

1:15pm Final School Tour

- Class rooms
- Unique facilities
- Hangar
- Grounds
- Class lessons
- Enrolment Interviews and Enrolment Interview bookings—Library

2:00pm Question & Answer time with key Admin staff

"Pursue Excellence"

Aviation High School
Widdop St

Phone: (07) 3637 0111
Fax: (07) 3637 0100

Deputy's Desk

Students at Aviation High School are approaching the final weeks of this semester in a very positive manner. Years 11 and 12 students are sitting examinations in the hall this week. This is the culmination of many weeks of intensive study by them all and we wish them well in their endeavours.

Year 11 will participate in Aviation High Business Week for Week 10 of this term, with Year 12 students undertaking intensive preparation for their looming QCS test in September. Non QCS students will undertake industry placements and module work for their VET subjects.

Years 8, 9 and 10 students are completing their term's work and venturing into next term's topics of study.

Every day of school matters, and at Aviation High School, students will be actively engaged in learning until the final bell on Friday 27 June.

Semester reports will be published and posted before the end of term, preparatory to Parent Teacher interviews, which will be held on Monday 21 July. Bookings for this will be in the online format which we have used previously, and details of logins will be sent separately.

Our school community is very proud of the way our student body is presenting in their uniform. All students have now committed to our hat policy and are wearing their hats with pride. I take this opportunity to remind you that school blazers are a mandated part of our school uniform for Term 3 for Years 10 and 11.

I look forward to seeing as many of you as possible at our Open Day on 21 June – Come and see our school on show!

Susan Smith
Deputy Principal

Welfare

Year 10

We have been working in our Welfare Sessions on the importance of stress reduction and a self-awareness of the onset of negative stress through their body warning signals and an understanding of strategies to use to reduce feelings of stress/ anxiety. A positive growth mindset is to speak up to seek support from their Team when they realise that they are experiencing stress.

A proactive attitude to use the weekly Habits of Mind and Thinking Tools to strive, thrive and flourish in their living, learning and thinking.

The onset of stress is an aspect of our lives that can be triggered by numerous events. There will be times in all students' lives where they experience stress and anxiety. It is essential for parents and

teachers to be “tuned in” to their students to recognise early warning signals so that they can provide the required support to teach them coping habits to deal with stress.

These tense feelings may originate from a number of stressors such as:

- Heavy study and learning workload
- Overly high expectations of themselves and from others
- Striving to be “too” perfect and obsessed with detail
- Lack of organisation and not coping
- Peer group problems and pressure
- Social Networking harassment on Facebook

While these situations are undesirable, the reality is that they will occur. The key is teaching students positive approaches on how to control these feelings before they have too much of an adverse effect on their health, self-esteem and progress. There are two types of stress:

- Positive stress – called Eustress. Being psyched, and-out pumped up and in the zone. It enables students to use it to fuel their lives and learning efforts.
- Negative stress – called Distress. This has a debilitating effect on their learning efforts and all round health. Stress Warning Signals fall into three categories:
 - Physical – trembling, headaches, skin disorders, dizziness, stomach-aches, tiredness
 - Emotional – anxiety, temperamental, lack of interest, loss of self esteem
 - Behavioural – disturbed sleeping patterns, forgetfulness, abnormal eating habits, withdrawal, easily distracted

A proactive approach is for students to identify and list their main sources of stress/anxiety and their individual warning signals.

“Doing the best for this moment puts you in the best place for the next moment” Oprah Winfrey

Ms Louise Coman

Yr 10 Welfare Leader

Year 11

At the end of May, fifty Year 11 students and a handful of teachers had a delightful 3 days together at Camp Maranatha near Yandina.

Day one was settling in to our new dorm accommodation, learning the camp procedures and participating in the first challenge – to build the tallest tower using only milk crates. As the teams became more adventurous so the number of crates rose skyward. Student were paired, harnessed

and held securely by a team of “donkeys” who helped give the climbing pair confidence and some stability during the challenge. The best effort was an eight stack with 2 people clinging to each other in a precarious balanced and somewhat ungainly pose. Thanks to Matt the “chappy” and Sam “the chappy in training” for supporting the students during this activity.

While one group was overcoming this tower of tremble, the other group was actively engaged with Mr Northcott in an Ultimate Disc competition. The night activity was capably handled by Warren (affectionately known as “Wazza”) who introduced the groups to bush cooking, sweet spiral damper and the art of making very realistic bird calls. It was a real hoot!

Day two saw the ropes course in full swing. Here the groups pitted themselves against gravity, the fear of falling and an 11m climbing wall culminating in an abseil off the top platform back to terra firma. Everyone was challenged to push themselves beyond their comfort level and performed admirably in what was sometimes a difficult challenge for many to conquer. Others had no difficulty with heights and set themselves the test to navigate the ropes course in the fastest time, one setting a new camp record for both speed, safety and gymnastic ability on the high wire. After lunch, groups alternated between a Dam Hike and the Leap of Faith. The night activity saw all students actively engage in leadership discussion groups. They discussed their roles as prospective leaders for the end of this year and into 2015, the buddy system with the year 7 & 8 students, the possibility of participating with their buddy in welfare sessions, lockers being placed in close proximity to their buddy and so much more.

Day three was the last day of camp. After another very tasty breakfast it was off to the final activities – Rocket Ball and a team trust challenge. Here all students were blindfolded and had to lead each other in a line along a bush track, dry river creek bed, and over various obstacles with only a hand line to guide and the shoulder of the person in front for assurance. Another great team building activity enjoyed mostly by the teachers who found it difficult to resist the urge to create more obstacles than were intended.

Finally I would like to express my thanks to Jan Gough, Robyn Taylor and James Northcott for their support, reliability and participation during the camp. Without such dedicated teachers our students experience at such camps would be significantly diminished. Well-done team, as we look forward to next year’s camp.

Steve Wright

Year 11 Welfare Leader

[CLICK HERE](#) to view Year 11 Camp slideshow

Year 12

The Year 12's are studiously preparing for the end of semester Exam Block. Exam Block runs from Friday the 13th of June until Thursday, the 19th June. Your child is required to be at school on the 20th June discuss their results with their teachers and view their current profiles. The following week will be a busy one with all OP eligible students undertaking an intensive four days of QCS Preparation. To top the week off on the last day of term, all students will be heading to QUT for an Open Day which will conclude at lunch time and students will return to school for a 2.45pm dismissal. Those non-OP eligible students will be spending the week undertaking valuable work experience in their major vocational education areas. Good luck to everyone throughout exams.

Mrs Taylor

Year 12 Welfare Leader

Student Council

[CLICK HERE](#) to download

Senior Schooling

Work Experience – Car Wrapping and Digital Printing

Recently, Eli and Aidan completed a Sign Writing program at South Bank Institute of Technology. The program was aimed at showing Year 10-12 students what the sign writing industry requires and possible career pathways.

During the program the students had an industry tour to car wrapping, Neon/LED and digital printing businesses. The students also designed posters to advertise the car wrapping industry and an advertisement for a sign writing course. On the final day, the students designed tee shirts which they will wear with pride.

Hopefully this will lead to further work experience in this industry and hopefully a career in the future.

Denise Dunn

Head of Department – Senior Schooling

Imagine the possibilities...



- A CAREER IN THE SIGN & GRAPHIC INDUSTRY
- A FUTURE OF SIGN WRITING
- A CAREER IN THE NEON AND LED INDUSTRY
- A FUTURE IN A VERY COMPETITIVE INDUSTRY
- A LARGE INDUSTRY WHICH IS ALWAYS EXPANDING
- ALWAYS LOOKING FOR APPRENTICES

Vinyl wrapping is used on alot on vehicles that seem to be painted, but for easy and cheap replacement or change of design vinyl wrapping is used.



WE
NEVER
CLOSE

Neon signing is a very old business. It is still used widely around the world for advertising, used for light boxes or signage, these signs are very attractive and will never die.

AUTO WRAPS Australia



With 24 years in the sign industry, Auto Wraps Australia is a business specialising in automotive wraps.



Endless options! Choose from any one of our existing builds or customise a design for your specific needs. The options and combinations are endless.

Run out of ideas? Leave it to our expert graphic designers to come up with some for you. With our various design packages, we're sure to find one that suits your needs.



MAJOR SUPPLIERS:

EPSON Roland A3plus VISI

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EPSON Roland A3plus VISI



School Cleaners Day

Friday June 13, 2014 is School Cleaners Day; this is a day to acknowledge the hard work and dedication of our school cleaners. Aviation High School is lucky to have a professional cleaning team who take great pride in providing our school community with a clean and safe environment in which to learn and work.

While we appreciate them every day, today we take the time to say 'thank you'. So to our team, Anne, Deb, Ian, Kym, Michelle, Phil and Veronica THANK YOU!!

Aviation High School Community Ball

To celebrate the launch of Aviation High School on 9th August 2007, we are holding a Formal Evening at the Riverside Reception Centre, 50 Oxlade Drive, New Farm on Saturday 9th August 2014 from 6:30pm until 11pm. All senior student leaders, past and present parents, past students, staff, P&C and friends of our school community are invited to attend. Please join us for this inaugural event and enjoy hors d'oeuvres and champagne overlooking the river upon arrival. Then be seated to enjoy a three course set menu with the Aviation High School Community in this magnificent venue. Followed by dessert, dancing and door prizes.

Please join us by purchasing your tickets by phoning or visiting the School Office on 3637 0111. Tickets are \$125 per person or \$110 per person if 2 or more tickets are purchased in one transaction. Please email Ms L Coman for further information lcoma2@eq.edu.au

[CLICK HERE](#) for more details.

Fresh Events & People

Parents and students attending the Aviation High Open Day are invited on an international culinary journey at the Aviation High School Canteen hosted by our resident Chef Mark.

This international adventure is sure to be a tasty fresh food experience starting with food from Australia with all of your usual Aussie favourites such as fresh-made sausage rolls and pies and our country morning tea baked savouries, then moving on to Italy for pizza and pasta, right through to India for butter chicken and Asia for the students' favourite and Canteen No. 1 seller – BBQ pork rice and tasty noodle boxes, and let's not forget USA for a traditional hot dog.

All these and many more for just \$3 per serve as well as \$1 coffees. Grab yourself a passport full of vouchers from Chef Mark in the Canteen or from the Uniform Shop and join in on our international culinary journey.

Regards

Chef Mark

Office News

The School Office is open Monday to Friday from 8.00am to 4.00pm during school term. Messages including absences can be left on our phone outside of these hours.

Lost Property

Could parents please ensure that all items of uniform are clearly labelled, so that lost items can be returned to the rightful owner when handed in to lost property.

Financial Statements

Statements will be sent out to parents in the next few days as a reminder of the status of your account. Parents who have organised a payment plan at the beginning of the school year will have their third and final payment processed early in Term 3. It would be appreciated if all other parents could finalize their accounts during Term 3. Payment methods available are:

- . EFT (BSB 064-120 Account Number 0090 6948 - Please use the student name and/or invoice number for reference)
- . Credit Card (over the phone or in person)
- . Cash or Cheque

If you have any queries regarding your account, please do not hesitate to contact the office.

Diary Dates

Exam Block - Year 11 & 12	Friday 13 June to Thursday 19 June
Australian National Chemistry Quiz	Thursday 19 June
RSA Course (Responsible Service of Alcohol)	Friday 20 June
Aviation High Open Day	Saturday 21 June
Aviation High Business Week	Monday 23 June to Friday 27 June
Year 12 QCS Practice & Post School Options	Monday 23 June to Friday 27 June
Year 8 Immunisations	Wednesday 25 June
Reports Posted - Year 8, 9 & 10	Tuesday 24 June
Reports Posted - Year 11 & 12	Friday 27 June
Last Day - Term 2	Friday 27 June

School Resumes - Term 3	Monday 14 July
P & C Meeting - 6.15pm - Library	Monday 14 July
Athletics Carnival	Friday 18 July

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